

Highlights of July 26, 2007

We recalled at the beginning of the prayer that today is the anniversary of the first vows of Adele and her companions.



Beginning the work of the day, Sr. Susanna Ramos, the facilitator, led us in an exercise of “play” as you can see in the photo.

Each was given a balloon to inflate and write a word on that expressed our hope for the work of the day. We then proceeded to the playground with the instructions to keep the balloon in the air for three minutes. Amidst much laughter, and helping one another scoop the balloons from the ground the game ensued. Returning to the Chapter room, we shared the words on the balloons and how the experience spoke to us about the work at hand. The exchange reinforced the cooperation needed to take up one another’s ideas, with a sense of lightness and care.